

PANDEMIC SPECIAL EDITION 2

News From Our Members in Residences

At the **Savignon** there is **Jane Percy** and **Joan McCauley**.

Jane tested negative last Thursday, and they do not know when everyone will be finished being tested or when they will lift the lockdown. Jane noted “We were allowed out to walk while keeping 6ft. distance for one hour each day until 3 people disobeyed and ended up with the ‘virus’ which led to the lockdown. I am well. Lots of emails, phone calls and friends getting my groceries. Watching church service on Sundays. Hope to see everyone soon.”



Joan McCauley is in the care unit at the **Savignon**. Joan is as well as she could be under the circumstances. She misses being able to have visits from her friend, being allowed to socialise, and having to eat all her meals in her room.

At the **Cambridge**: **Nancy Butt** is coping well. She keeps busy chatting to friends and family on the phone and has daily visits from the CLSC. She is appreciative of the diligence with which the Cambridge have handled the COVID crisis. **Tom Pavalasek** is doing well despite missing social activities. Daughter Barb Moffatt is visiting twice a day replacing a patchwork of carers from the CLSC.

At **Maison Donalda-Boyer** on Dorval avenue, **Nicole Lalande** (known to some of us as Nicky Hains) lives there on the first floor. Her mother lives in her own apartment on the second floor. Although they have been on lockdown for several weeks, Nicky has been allowed to visit her mother within the building. They have had a daily meal delivered to their apartments. Both Nicky and her Mum were featured on the front page of the Gazette last Friday when the lock-down was lifted.

Our friends in the **Belvedere**: There were 2 cases of Covid 19 on the care floor of the Belvedere. Both residents were transferred to hospital. The rest of the community were confined to quarters for some days. Residents who ate in the dining room had their meals delivered to their rooms in disposable containers. They left their garbage in the hallway outside their door for disposal by the staff.

As of May 12th, they were able to resume walking at a “socially responsible distance” around the building. A cold day to go - but I know for the walkers it was a welcome exercise. Next week the dining room will reopen. Everyone will be sitting far apart.

The expression Old Age Ain't for Sissies comes to mind. Our friends in the Belvedere are staying strong AND keeping their sense of humour. We miss seeing and hugging them.

How are you doing? The congregation want to know! Please send us your news so we can share with our church community. You don't have to write a novel – just a couple of lines would be fine – we hope to hear from you all – to know if you are healthy and how you are spending your days! Send to: jane.cowell.poitras@sympatico.ca

From the Minister:

I would like to offer a sincere word of appreciation to **Marion Golden** who has been working diligently behind the scenes getting memorial flowers and preparing other items to help us mark significant occasions at the beginning of our on-line worship services. She has prepared memorial flowers to remember those who have died, even doing a reproduction of the Nova Scotia flag as we honoured the victims of the mass shooting that took place there a few weeks ago, and having some lovely poetry and readings to honour mothers and mothering figures on Mother's Day, May 10. Thank you, Marion, for helping us to remember and honour those to whom we send our love and care.



We continue to hold all of you in our thoughts and prayers as we all find ways to cope during this ongoing coronavirus pandemic. As always, some have it better than others, so I would like to send a special greeting to all those who are in isolation, confined to your own living space. As I sought to remind everyone in my sermon last Sunday, “you are not alone”. Thank you also to those members of our **Lay Pastoral Care Team** who have been making phone calls and keeping in touch and letting me know about anything I need to know about. We will continue to do this as long as we need to, and whatever may come in the time ahead, we will not only face it, but we will overcome it, and as always, we will do this by keeping in touch with and supporting one another.

But, enough about COVID-19. I would like to spend a moment on a different and much more pleasant topic. Those of you who were able to watch our on-line service last Sunday saw the presentation that was made just as the service was beginning. Colleen prepared a beautiful large card and made a delicious cake to celebrate the 30th anniversary of my ordination, which happened on May 20th, 1990. I did not know anything about this until **Barb Moffat**, our Board chairperson, and **Marion Golden** (who chairs the Worship and Membership Committee) stepped in just as we were about to begin recording the service. They made a very nice presentation, and acknowledged that, if we were able to meet at the church in person, we would have had a celebration that involved the whole congregation. But times being what they are, we made do, just as all of us are doing these days.

But most importantly, I would like to offer my sincere thanks to everyone who sent in messages of congratulations and support that were included in the card. This has meant so much to me, and it could not have come at a better time. Just when I was at that point where I was focussing on all the things we are missing these days, along comes this wonderful and thoughtful gesture, and it has spurred me on more than you know. Thanks especially to **Colleen**, who, once again, has gone the extra mile (and a few kilometers beyond that!) to help us continue to find joy in life, and to remind us that this virus will NOT defeat us!

Be safe, be happy, and know that we are stronger together.

Rev. Scott A. Patton

Update on our refuge family:



On April 21, 2020 Sheila Laursen was able to check in with our refuge family. Bilal and Farah and the other 2 families are all fine, and like all of us, finding it difficult to be home day after day. Bilal and Farah are progressing with their language classes, thanks to online classes using Zoom and What's App.

They began Ramadan and like our Easter and Passover times, it will be unlike any other year...Bilal and Salman are eligible for and are receiving money from the CERB fund. They are grateful to be in Canada where the government cares about the welfare of its people. Happily, it seems his parents are staying well so far and are staying indoors.

Thoughts and Prayers are sent to the Wiseman family and to Mary Guynan following the death of Charles Wiseman on May 12th. Charles grew up next door to Mary and Lewis Guynan and was like a grandson to them both. His Mother, Suzanne Wiseman is known to us all for her involvement in organising the "World Day of Prayer" each year.

Condolences



Girl Guide News

Under the expert guidance of **Mary May Hubert and Michelle McKenzie** all the Lachine Guiding units have been meeting weekly via zoom. The leaders are learning new technical skills, while the girls seem very happy to remain connected. The Pathfinders even had a "virtual sleepover".

Girl Guide Cookies Please note that we will not be receiving Mint Girl Guide cookies this fall, however, we do have some in stock right now. If anyone would like to reserve them for when we return to the church, they are \$5.00/box and can be reserved by emailing **Sinclair** at sinclair.m.harris@gmail.com

Some Interesting Reading – Thanks to Colleen for suggesting this

rsc-src.ca The Royal Society of Canada (RSC), Sharing expertise for a better future together.

The Royal Society of Canada is the oldest bilingual organization of Canadian scholars, artists, and scientists in the fields of humanities, social sciences, and sciences. Created in 1883, the Royal Society of Canada included more than 2,000 members in 2017, approximately 20 per cent of



whom had French as their mother tongue. Members are elected for their remarkable contributions in the arts, the humanities, and the sciences, as well as in Canadian public life. The Society's headquarters are in Ottawa, Ontario.

History

The Royal Society of Canada (also known as The Academies of Arts, Humanities and Sciences of Canada), the senior national organization for the promotion of learning and research in Canada, was founded in 1883 by the Governor General, John Douglas Sutherland Campbell, Marquess of Lorne, and leading scholars of the day headed by Sir William Dawson, Principal of McGill University, and Pierre-Joseph-Olivier Chauveau, educator and former Premier of Québec.

Have you thought about ordering online?

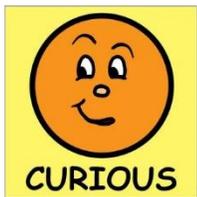
Here are some recommendations from the congregation:

- If you live in Pointe-Claire, the Marche Epicure provide excellent same day delivery service.
- Chartier, the butcher in Dorval, will prepare an order for curb-side pick-up
- Jean Coutu in Dorval have been prompt in delivering medications.



Have you had a positive experience ordering online? Let us know for our next newsletter so we can share the good news!

Some bits & pieces for the curious among us: (From St Bruno United Church via Dawn Boyes)



A few Latin words and phrases still used in English: - terra incognita = unknown land or territory - per capita = per head = per person - persona non grata = person not welcome - caveat emptor = let the buyer beware - ad nauseam = until causing illness (nausea) e.g. They ranted about the errors ad nauseam. * a few mottos: - a mare usque ad mare = from sea to sea; found on the coat of arms of Canada - per ardua ad astra = through adversity to the stars; air force motto - e pluribus unum = out of many, one; found on the coat of arms of the United States

Psalm 23, The Lord is my Shepherd contains at least one error when compared to the original version in ancient Hebrew. The line "Yea, though I walk through the shadow of the Valley of Death..." was "Yea, though I walk through the darkening vale..." Was this an error in translation when writing the King James' version of the Bible? Was it a deliberate change made at some point to emphasize the conquering of Death by Christ? Not yet resolved.

One person wrote in his internet blog: Benefits of a Good Vocabulary: I recently called an old engineering buddy of mine and asked what he was working on these days. He replied that he was

working on “Aqua-thermal treatment of ceramics, aluminum and steel under a constrained environment.” I was impressed until, upon further inquiry, I learned that he was washing dishes with hot water under his wife’s supervision.

Other bits: CruisinSoozan wrote in her internet blog: I am not sure how many cookies it takes to be happy, but so far, it’s not twenty-seven.

Quote from Winston Churchill: Success consists of going from failure to failure without loss of enthusiasm.

Quote from Homer (the ancient world’s writer/philosopher, not Homer Simpson!): Who then is free? The man who can govern himself.

Quote from Julius Caesar: When the Senate of Rome demanded a report on the progress of his campaign subdue the Gauls, Caesar wrote in his own acerbic style: Veni. Vidi. Vici. meaning: I came. I saw. I conquered. No doubt that the Senate was not best pleased with his wording.

A law court case in which the defendant is being questioned by his own lawyer: “So, you were stabbed in the right side, is that correct?” “Yes.” “And were you present at the time of the stabbing?” “Judge, can I get a new lawyer, PLEASE!”

PANDEMIC COOKING

No-Knead Bread

Summerlea is very lucky to have so many competent bread bakers in our midst. Their rolls, breads, and buns always sell out whenever they are put on sale!

That being said, not all of us have the bread-baking gene! I have discovered the easiest bread to make! It is so good; people think I bought it from Première Moisson whenever I serve it! And it is SO easy!

All you need are a few simple ingredients, **TIME** and a ceramic-covered cast-iron pot or dutch oven (like the Le Creuset Brand)

Ingredients

- 3 ⅓ cups all-purpose or bread flour, plus more for dusting
- ¼ teaspoon instant yeast
- 2 teaspoons kosher salt



Instructions

In a large bowl combine flour, yeast, and salt. Add 1 ½ cups plus 2 tablespoons water, and stir until blended; dough will be shaggy and sticky. Cover bowl with plastic wrap. Let dough rest at least 12 hours, preferably about 18, at warm room temperature, about 70 degrees.

Dough is ready when its surface is dotted with bubbles. Lightly flour a work surface and place dough on it; sprinkle it with a little more flour and fold it over on itself once or twice. Cover loosely with plastic wrap and let rest about 15 minutes.

Using just enough flour to keep dough from sticking to work surface or to your fingers, gently and quickly shape dough into a ball. Place the dough in the middle of a large piece of parchment paper. When it is ready, dough will be more than double in size and will not readily spring back when poked with a finger.

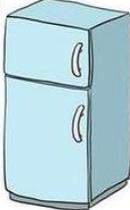
At least a half-hour before dough is ready, heat oven to 450 degrees. Put a 6- to 8-quart heavy covered pot (cast iron, enamel, or ceramic) in oven as it heats. When dough is ready, carefully remove pot from oven. Take off the top, lift the loaf with the parchment paper and plop the loaf in the pot with the parchment. Cover with lid and bake 30 minutes, then remove lid and bake another 15 to 30 minutes, until loaf is beautifully browned. Cool on a rack.



Smile Corner:

Many thanks to Dawn Boyes and Barbara Moffatt via Michèle Bitauld for their contributions.

What the Things Around Us Are Thinking

<p>You're running me AGAIN? You just ran me!</p> 	<p>You saw the screentime report. Maybe put me down and pick up a book.</p>  <p>©Adrienne Hedger</p>
<p>Is it just me, or is 80% of their laundry just pajamas now?</p> 	<p>Oh, AT LEAST.</p> <p>Every 10 minutes you people are opening my door! EVERY 10 MINUTES!</p> 
<p>Um, hello?</p> 	<p>Did I do something to offend someone?</p>  <p>www.HedgerHumor.com</p>

WE'RE ALLOWED BACK TO WORK!

BUT! You've got to remember to:

AVOID MEN 

- M - mouth
- E - eyes
- N - nose

INSTEAD, FOLLOW WOMEN

- W - wash your hands
- O - obey social distancing
- M - mask up
- E - exercise and eat well
- N - no unnecessary traveling



DEADLINE for submissions or ideas for the next newsletter: **MAY 31st** : jane.cowell.poitras@sympatico.ca

Diversions

Colour me!

